



Your comprehensive guide to

INVISALIGN

Begin your journey to a straighter smile today!

What is Invisalign?	3
---------------------	---

How does the Invisalign system work?	4
--------------------------------------	---

The Advantages of Invisalign	5
------------------------------	---

Frequently Asked Questions	6
----------------------------	---

Does getting Invisalign hurt?

Can I eat with my aligners in?

Will Invisalign affect my speech?

Can I drink coffee, tea or other staining beverages?

Invisalign at Paddington Dentistry	7
------------------------------------	---



What is Invisalign?

Have you been dreaming of a straighter smile but don't want to go through traditional orthodontic treatment? Invisalign may be the best option for you.

Invisalign clear aligners are the orthodontic treatment of the future – they straighten your teeth without the wires & discomfort of traditional braces. The biggest advantage of having Invisalign over traditional orthodontics is that it is a virtually invisible treatment.

The Invisalign treatment includes a series of custom-made clear aligners made for you and your unique smile. The clear plastic trays apply gentle pressure to slowly move your teeth. During your treatment, you will wear each set of aligners for about two weeks before you switch to the next set. This process will gradually shift your teeth a little closer each time to the position that your dentist has planned.

How does the Invisalign system work?



STEP 1

Firstly, your Invisalign-trained dentist will take photos, X-rays, and digital scans or a digital impression to help create your new treatment plan.



STEP 2

The Invisalign laboratory will then use these records along with the treatment prescribed by your dentist to create a personalised 3D treatment plan – just for you! You will be able to see the final position expected of your teeth alignment and estimate the likely length of your treatment.



STEP 3

Your brand new clear custom aligners will be shipped to Paddington Dentistry.



STEP 4

Your first series of aligners are given to you – typically 3-4 sets at a time. You will wear these every day and change them at home every two weeks.



STEP 5

You will need to visit your dentist approximately every 6-8 weeks. At these times, your treatment progress will be monitored, and you will receive your next series of aligners.



STEP 6

After you have completed your Invisalign aligner treatment, you should wear a retainer to assist in maintaining the position of your new alignment.



The Advantages of Invisalign

- Invisalign treatment is virtually invisible meaning patients can wear this treatment all day without anyone really noticing.
- You are able to maintain good oral health. This is because you are able to remove your aligners to brush, floss and rinse the same way you usually would.
- If you have an event coming up there is no need to worry! You can simply remove your aligners for the event and pop them back in when the event is over.



Frequently Asked Questions

Does getting Invisalign hurt?

Most patients may feel pressure in the early stage when starting with the first few Invisalign aligners. However, Invisalign is known to generate less pain than traditional braces.

Can I eat with my aligners in?

The Invisalign aligners are extremely easy to put in place and remove. Meaning you can eat the same foods as before treatment – unlike traditional braces.

Will Invisalign affect my speech?

Like all orthodontic appliances, it can be difficult to get used to the appliance. Once you are used to the aligners, your speech should not be affected.

Can I drink coffee, tea or other staining beverages?

Your aligners can easily be taken out; this eases the process of maintaining the correct oral hygiene after drinking beverages that could stain your teeth.

Invisalign at Paddington Dentistry

At Paddington Dentistry, our number one priority is your oral health. This means you can rest assured we are providing you with the best possible treatments to correct the form and function of your smile.

If you have been dreaming of a straighter smile without having a mouth full of metal, contact our team.

Find out if you are eligible for Invisalign and how it can benefit your oral and overall health today! Book a consultation with our team at Paddington Dentistry.



Contact Us

02 9360 6245

paddingtondentistry.com.au

4/10 Elizabeth Street Paddington NSW 2021 Australia